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# LINEAR EXPAND-CONTRACT PLASTICITY OF ELLIPSOIDS REVISITED 


#### Abstract

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This work is aimed to describe linearly expand-contract plastic ellipsoids given via quadratic form of a bounded positively defined self-adjoint operator in terms of its spectrum.

Let $Y$ be a metric space and $F: Y \rightarrow Y$ be a map. $F$ is called non-expansive if it does not increase distance between points of the space $Y$. We say that a subset $M$ of a normed space $X$ is linearly expand-contract plastic (briefly an LEC-plastic) if every linear operator $T: X \rightarrow X$ whose restriction on $M$ is a non-expansive bijection from $M$ onto $M$ is an isometry on $M$.

In the paper, we consider a fixed separable infinite-dimensional Hilbert space $H$. We define an ellipsoid in $H$ as a set of the following form $E=\{x \in H:\langle x, A x\rangle \leq 1\}$ where $A$ is a selfadjoint operator for which the following holds: $\inf _{\|x\|=1}\langle A x, x\rangle>0$ and $\sup _{\|x\|=1}\langle A x, x\rangle<\infty$.

We provide an example which demonstrates that if the spectrum of the generating operator $A$ has a non empty continuous part, then such ellipsoid is not linearly expand-contract plastic.

In this work, we also proof that an ellipsoid is linearly expand-contract plastic if and only if the spectrum of the generating operator $A$ has empty continuous part and every subset of eigenvalues of the operator $A$ that consists of more than one element either has a maximum of finite multiplicity or has a minimum of finite multiplicity.


1. Introduction. Let $M$ be a metric space and $F: M \rightarrow M$ be a map. $F$ is called nonexpansive if it does not increase distance between points of the space $M . M$ is called expandcontract plastic (or just plastic for short) if every non-expansive bijection $F: M \rightarrow M$ is an isometry.

There is a number of relatively recent publications devoted to plasticity of the unit balls of Banach spaces (see $[1,3,4,6,12]$ ). Here we give only one theorem which is a simple consequence of Theorem 1 in [7] or Theorem 3.8 in [12].

Theorem 1. Let $X$ be a finite-dimensional Banach space. Then its unit ball is plastic.
However, the question about plasticity of the unit ball of an arbitrary infinite-dimensional Banach space is open. At least, there are no counterexamples. On the other hand, an example of non-plastic ellipsoid in separable Hilbert space was built in [3]. In [14], this example was generalized and the following definition was introduced.

Definition 1. Let $M$ be a subset of a normed space $X$. We say that $M$ is linearly expandcontract plastic (briefly an LEC-plastic) if every linear operator $T: X \rightarrow X$ whose restriction on $M$ is a non-expansive bijection from $M$ onto $M$ is an isometry on $M$.

[^0]In the mentioned article [14] the ellipsoids of the following form were considered

$$
E=\left\{x=\sum_{n \in \mathbb{N}} x_{n} e_{n} \in H: \sum_{n \in \mathbb{N}}\left|\frac{x_{n}}{a(n)}\right|^{2} \leq 1\right\},
$$

where $H$ is a separable Hilbert space with basis $\left\{e_{n}\right\}_{1}^{\infty}$ and $a(n)>0$. There was given a description of the LEC-plastic ellipsoids of such a form.

In what follows, we use the notations from [5]. The letter $H$ denotes a fixed separable infinite-dimensional Hilbert space (real or complex), the symbol $\langle x, y\rangle$ stays for the scalar product of elements $x, y \in H$. We use the symbol Lin to denote the linear span, and the symbol $\overline{\mathrm{Lin}}$ to denote the closed linear span.

In the present paper, we will consider a more general definition of an ellipsoid.
Definition 2. An ellipsoid in $H$ is a set of the form

$$
E=\{x \in H:\langle x, A x\rangle \leq 1\},
$$

where $A$ is a self-adjoint operator such that $\inf _{\|x\|=1}\langle A x, x\rangle>0$ and $\sup _{\|x\|=1}\langle A x, x\rangle<\infty$.
We will denote the boundary of $E$ by

$$
S=\{x \in H:\langle x, A x\rangle=1\} .
$$

In what follows, $\sigma(A)$ will stand for the spectrum of $A$. Note that in this case $\sigma(A)$ is bounded from below and above by some positive constants.

In this paper we will show, that in fact the description of LEC-plastic ellipsoids in [14] was complete. In other words, there is no other LEC-plastic ellipsoids, except for those already described.
2. Basic facts. For our purpose, we will need some results related to measure theory (see, e.g., [5], [9], [13]). Let us collect these results.

Recall that a distribution function of a given positive finite Borel measure on the real numbers $\mu$ is given by

$$
F_{\mu}(t)=\mu([0, t]) .
$$

Notice that this function is non-decreasing, and hence its generalized inverse

$$
F_{\mu}^{-1}(t)=\sup \left\{x: F_{\mu}(x) \leq t\right\}
$$

is well-defined and also non-decreasing.
Notice that any normalized atomless Borel measure $\mu$ can be mapped into Lebesgue measure $\lambda$ on $[0,1]$ (Indeed, performing a simple computation, we obtain

$$
\left.\mu\left(\left[0, F_{\mu}^{-1}([0, t])\right]\right)=t=\lambda([0, t]), t \in[0,1]\right) .
$$

Hence, we get the following theorem.
Theorem 2 ([13] or Theorem 9.2.2 [2]). All atomless standard probability spaces are mutually almost isomorphic.

Corollary 1. Let $\mu$ and $\nu$ be (finite and compactly supported) atomless Borel measures on $\mathbb{R}$ with $M_{\nu}=\nu(\mathbb{R})$ and $M_{\mu}=\mu(\mathbb{R})$. Then there exists a map $G_{\mu, \nu}$ such that $\nu=\frac{M_{\nu}}{M_{\mu}} \mu \circ G_{\mu, \nu}$.

Remark 1. Observe that:
[1.] $G_{\mu, \nu}$ can be written explicitly in terms of corresponding distribution functions, namely, $G_{\mu, \nu}=F_{\mu}^{-1} \circ \frac{M_{\mu}}{M_{\nu}} F_{\nu}$.
[2.] $G_{\mu, \nu}: \operatorname{supp}(\nu) \longrightarrow \operatorname{supp}(\mu)$.

The next theorem can be found in [9], but since this source was not published yet, we will provide the proof.

Theorem 3 ([9], Theorem 2.16). For given measure spaces $(X, \Sigma)$ and $(Y, \Omega)$, a measure $\mu$ on $\Sigma$ and a function $f: X \longrightarrow Y$ which is measurable w.r.t. $\mu$, we define a measure $f_{*} \mu$ on $\Omega$ as $f_{*} \mu(B)=\mu\left(f^{-1}(B)\right)$ for $B \in \Omega$. Let $g: Y \longrightarrow \mathbb{C}$ be a Borel function. Then the function $g \circ f: X \longrightarrow \mathbb{C}$ is integrable w.r.t. $\mu$ if and only if $g$ is integrable w.r.t $f_{*} \mu$. Moreover

$$
\int_{Y} g d\left(f_{*} \mu\right)=\int_{Y} g \circ f d \mu .
$$

Proof. It suffices to check this formula for simple functions $g$, which follows since $\chi_{B} \circ f=$ $\chi_{f^{-1}(B)}$, where $\chi_{B}$ is the characteristic function of the set $B$.

Furthermore, we will need some results related to operator theory (see, e.g., [8], [11]). Let $A$ be a bounded self-adjoint operator on a separable Hilbert space $H$. Then we can introduce continuous functions of $A$, as it is shown in the following theorem. Before formulating the theorem, let us recall that $C(\sigma(A))$ denotes the set of continuous functions on $\sigma(A)$ and $\mathcal{L}(H)$ stands for the space of linear operators acting from $H$ to $H$.

Theorem 4 ([8], Theorem VII.1; [11], Theorem 3.1). Let $A$ be a bounded self-adjoint operator on a Hilbert space $H$. Then there is a unique map $\phi_{A}: C(\sigma(A)) \rightarrow \mathcal{L}(H)$ with the following properties: 1. $\phi_{A}(f g)=\phi_{A}(f) \phi_{A}(g), \phi_{A}(\lambda f)=\lambda \phi_{A}(f), \phi_{A}(1)=I$, $\phi_{A}(\bar{f})=\phi_{A}(f)^{*} ; \quad 2 .\left\|\phi_{A}(f)\right\|_{\mathcal{L}(H)} \leq C\|f\|_{\infty} ;$ 3. if $f(x)=x$, then $\phi_{A}(f)=A$.

Moreover, 4. if $A \psi=\lambda \psi$, than $\phi_{A}(f) \psi=f(\lambda) \psi$; 5. $\sigma\left(\phi_{A}(f)\right)=\{f(\lambda) \mid \lambda \in \sigma(A)\}$; 6. if $f \geq 0$, then $\phi_{A}(f) \geq 0 ; 7$. $\left\|\phi_{A}(f)\right\|=\|f\|_{\infty}$.

Then we define $f(A):=\phi_{A}(f)$.
For every $\psi \in H$ we can define a corresponding linear functional on $C(\sigma(A))$ mapping $f \rightarrow\langle\psi, f(A) \psi\rangle$. Then by Riesz theorem, there exist a unique measure $\mu_{\psi}$ on $\sigma(A)$ such that $\langle\psi, f(A) \psi\rangle=\int_{\sigma(A)} f(\lambda) d \mu_{\psi}$. The measure $\mu_{\psi}$ is called the spectral measure associated with the vector $\psi$.

The next important result (spectral theorem) states that every bounded self-adjoin operator can be realized as multiplication operator on a suitable measure space. Let us specify that in the following theorem and further in the text we use the notion $L_{2}(\mathbb{R}, d \mu)$ for the space of measurable scalar-valued functions $f$ on $\mathbb{R}$ for which the integral $\int_{\mathbb{R}}\|f(t)\|^{2} d \mu$ exists and $\|f\|=\left(\int_{\mathbb{R}}\|f(t)\|^{2} d \mu\right)^{1 / 2}$.

Theorem 5 ([8], Theorem VII.3; [11], Lemma 3.4 and Theorem 3.6). Let $A$ be a bounded self-adjoint operator on a separable Hilbert space $H$. Then, there exist measures $\left\{\mu_{n}\right\}_{n=1}^{N}(N \in$ $\mathbb{N}$ or $N=\infty$ ) on $\sigma(A)$ and a unitary operator

$$
U: H \rightarrow \bigoplus_{n=1}^{N} L_{2}\left(\mathbb{R}, d \mu_{n}\right)
$$

so that $\left(U A U^{-1} \psi\right)_{n}(\lambda)=\lambda \psi_{n}(\lambda)$, where we write an element $\psi \in \oplus_{n=1}^{N} L_{2}\left(\mathbb{R}, d \mu_{n}\right)$ as an $N$-tuple $\left(\psi_{1}(\lambda), \ldots, \psi_{N}(\lambda)\right)$. This realization of $A$ is called a spectral representation.

Let us define $H_{p p}=\left\{\psi \in H \mid \mu_{\psi}\right.$ is pure point $\}, H_{a c}=\left\{\psi \in H \mid \mu_{\psi}\right.$ is absolutely continuous $\}, H_{s c}=\left\{\psi \in H \mid \mu_{\psi}\right.$ is singularly continuous $\}$.

Theorem 6 ([8], Theorem VII.4; [11], Lemma 3.19). $H=H_{p p} \oplus H_{a c} \oplus H_{s c}$. Each of these subspaces is invariant under $A .\left.A\right|_{H_{p p}}$ has a complete set of eigenvectors, $\left.A\right|_{H_{a c}}$ has only absolutely continuous spectral measures and $\left.A\right|_{H_{s c}}$ has only singularly continuous spectral measures.

We will use the following notations:

$$
\begin{gathered}
\sigma_{p p}=\sigma\left(\left.A\right|_{H_{p p}}\right), \quad \sigma_{\text {cont }}=\sigma\left(\left.A\right|_{H_{c o n t}}\right), \quad \text { where } H_{\text {cont }}=H_{a c} \oplus H_{s c}, \\
\sigma_{a c}=\sigma\left(\left.A\right|_{H_{a c}}\right), \quad \sigma_{s c}=\sigma\left(\left.A\right|_{H_{s c}}\right), \quad \sigma_{p}=\{\lambda: \lambda \text { is an eigenvalue of } A\} .
\end{gathered}
$$

Note that

$$
\sigma_{\text {cont }}=\sigma_{a c} \cup \sigma_{s c}, \quad \sigma(A)=\overline{\sigma_{p}} \cup \sigma_{\text {cont }} .
$$

The following useful results can be found in [11] and [10].
Theorem 7 ([11], Theorem 2.20). Let A be bounded self-adjoint. Then

$$
\inf \{\sigma(A)\}=\inf _{\|x\|=1}\langle x, A x\rangle, \quad \sup \{\sigma(A)\}=\sup _{\|x\|=1}\langle x, A x\rangle
$$

Note that

$$
\inf _{\|x\|=1}\langle x, A x\rangle=\inf _{x \in H, x \neq 0} \frac{\langle x, A x\rangle}{\|x\|^{2}}, \quad \sup _{\|x\|=1}\langle x, A x\rangle=\sup _{x \in H, x \neq 0} \frac{\langle x, A x\rangle}{\|x\|^{2}} .
$$

Moreover, one can show the following:
Theorem 8 (see Problem 13.1 in [10]). Let $A$ be bounded self-adjoint (particularly, $\sigma(A) \subset$ $[a, b])$. Then $\lambda_{0}:=\inf \{\sigma(A)\}$ is an eigenvalue $i f f \inf _{\|x\|=1}\langle x, A x\rangle$ is a minimum. In this case, eigenvectors are precisely the minimizers.

Since [10] also was not published yet, we provide the proof.
Proof. Consider the functional $F: H \rightarrow \mathbb{R}$ given by $F(x)=\left\langle x,\left(A-\lambda_{0}\right) x\right\rangle$.
By assumption we have $F(x) \geq 0$ and $F\left(x_{0}\right)=0$, where $x_{0}$ is the minimizer of $\langle x, A x\rangle$. Then one may calculate the Gateaux derivative $\delta F\left(x_{0}, x\right)=2 \operatorname{Re}\left(\left\langle\left(A-\lambda_{0}\right) x_{0}, x\right\rangle\right)=0$ for $x \in H$. Replacing $x$ by $i x$ we also get $2 \operatorname{Im}\left(\left\langle\left(A-\lambda_{0}\right) x_{0}, x\right\rangle\right)=0$. Hence $\left\langle\left(A-\lambda_{0}\right) x_{0}, x\right\rangle=0$, for $x \in H$, which means $\left(A-\lambda_{0}\right) x_{0}=0$.

## 3. Main result.

Proposition 1. Suppose the spectrum $\sigma(A)$ of the self-adjoint operator $A$ contains a set of eigenvalues $B$ possessing the following properties:

1. $B$ has at least two elements;
2. either $B$ doesn't have minimum or the multiplicity of the minimum is infinite;
3. either $B$ doesn't have maximum or the multiplicity of the maximum is infinite.

Then $E$ is not LEC-plastic.
Proof. Denote $r=\inf B, R=\sup B$; according to (1) $r<R$. The property (2) ensures the existence of distinct $n_{k} \in \mathbb{N}, k=1,2, \ldots$ such that eigenvalues $\lambda_{n_{k}} \in B, \lambda_{n_{k}}<\frac{1}{2}(r+R)$ and

$$
\lambda_{n_{1}} \geq \lambda_{n_{2}} \geq \lambda_{n_{3}} \geq \ldots, \quad \lim _{k \rightarrow \infty} \lambda_{n_{k}}=r
$$

Analogously, the property (3) gives us the existence of distinct $n_{k} \in \mathbb{N}, k=0,-1,-2, \ldots$ such that $\lambda_{n_{k}} \in B$ and

$$
\lambda_{n_{1}}<\lambda_{n_{0}} \leq \lambda_{n_{-1}} \leq \lambda_{n_{-2}} \leq \ldots, \quad \lim _{k \rightarrow-\infty} \lambda_{n_{k}}=R
$$

Take in $H$ the orthonormalized eigenvectors $e_{n_{k}}$ corresponding to $\lambda_{n_{k}}$ (in case of infinite multiplicity of the minimum we are choosing them to be ONB of $\operatorname{Ker}\left(A-\lambda_{\min }\right)$, analogously for the maximum) and extend to an orthonormal basis $e_{n}$ in $H$. Define the linear operator $T$ as follows: $T e_{n}=e_{n}$ for $n \in \mathbb{N} \backslash\left\{n_{k}\right\}_{k \in \mathbb{Z}}$, and $T e_{n_{k}}=\sqrt{\frac{\lambda_{n_{k}}}{\lambda_{n_{k-1}}}} e_{n_{k-1}}$, for $k \in \mathbb{Z}$. Using the fact that for a self-adjoint operator $A$ and $x=\sum x_{k} e_{n_{k}}$ (here $e_{n_{k}}$ are eigenvectors of $A$ ): $\left\langle x+x^{\perp}, A\left(x+x^{\perp}\right)\right\rangle=\langle x, A x\rangle+\left\langle x^{\perp}, A x^{\perp}\right\rangle$, we get that the linear non-expansive operator $T$ maps $E$ onto itself bijectively but not isometrically.

Now, let us consider the case when the operator has purely continuous spectrum.
Proposition 2. Let $\mu(t)$ be an (finite) atomless Borel measure with supp $(\mu) \subset(\alpha, \beta)$, $\alpha>0$. Let $A: L_{2}(\mathbb{R}, d \mu(t)) \rightarrow L_{2}(\mathbb{R}, d \mu(t))$ be an operator acting by the rule

$$
A f(t)=t f(t)
$$

Consider an ellipsoid $E \in L_{2}(\mathbb{R}, d \mu(t))$ generated by this operator $A$, i.e.

$$
E=\left\{f \in L_{2}(\mathbb{R}, \mu(t) d t):\langle A f, f\rangle=\int_{\alpha}^{\beta} t|f(t)|^{2} d \mu(t) \leq 1\right\}
$$

$E$ is not LEC-plastic.
Proof. Note that under our assumptions $L_{2}(\mathbb{R}, d \mu(t))$ can be identified with $L_{2}((\alpha, \beta), d \mu(t))$.
Consider some infinite partition of the segment $[\alpha, \beta)=\bigsqcup_{k=-\infty}^{\infty} \Delta_{k}$, where $\Delta_{k}=\left[a_{k}, a_{k+1}\right)$, $a_{-\infty}=\alpha, a_{\infty}=\beta$, and such that $\mu\left(\Delta_{k}\right)>0$ for all $k$ (we can do this e.g. using any convergent series). Note that $L_{2}((\alpha, \beta), d \mu(t))=\oplus_{2} L_{2}\left(\Delta_{k}, d \mu_{k}(t)\right)$ with $\mu_{k}:=\left.\mu\right|_{\Delta_{k}}$. We will use the following notation $M_{\mu_{k}}:=\mu_{k}\left(\Delta_{k}\right)=\mu\left(\Delta_{k}\right)$. By Theorem 2, the spaces $\left(\Delta_{k}, \mu_{k}(t)\right)$ are mutually almost isomorphic and we will denote the corresponding isomorphism by $G_{k}:=$ $G_{\mu_{k}, \mu_{k+1}}: \operatorname{supp}\left(\mu_{k+1}\right) \longrightarrow \operatorname{supp}\left(\mu_{k}\right)$.

Introduce the associated operators $H_{k}: L_{2}\left(\Delta_{k}, d \mu_{k}\right) \rightarrow L_{2}\left(\Delta_{k+1}, d \mu_{k+1}\right)$ acting as

$$
H_{k} f_{k}=f_{k} \circ G_{k} \cdot \sqrt{\frac{M_{\mu_{k+1}}}{M_{\mu_{k}}}} .
$$

Then using Theorem 3 in the first step and Corollary 1 on the second step, we get

$$
\int_{\Delta_{k+1}}\left|f_{k} \circ G_{k}\right|^{2} \frac{M_{\mu_{k+1}}}{M_{\mu_{k}}} d \mu_{k+1}=\int_{\Delta_{k}}\left|f_{k}\right|^{2} \frac{M_{\mu_{k+1}}}{M_{\mu_{k}}} d\left(G_{k *} \mu_{k+1}\right)=\int_{\Delta_{k}}\left|f_{k}\right|^{2} d \mu_{k}
$$

For the second step note that $G_{k *} \mu_{k+1}=\mu_{k+1} \circ G_{k}=\frac{M_{\mu_{k}}}{M_{\mu_{k+1}}} \mu_{k}$. This means that

$$
\left\|H_{k} f_{k}\right\|_{L_{2}\left(\Delta_{k+1}, d \mu_{k+1}\right)}=\left\|f_{k}\right\|_{L_{2}\left(\Delta_{k}, d \mu_{k}\right)}
$$

Now, consider an operator $T: L_{2}((\alpha, \beta), d \mu(t)) \rightarrow L_{2}((\alpha, \beta), d \mu(t))$ acting as

$$
T f_{k}=g_{k} H_{k} f_{k}
$$

where $g_{k}$ will be defined later.
Then we have

$$
\langle f, A f\rangle=\sum_{k \in \mathbb{Z}} \int_{\Delta_{k}} t|f(t)|^{2} d \mu_{k}(t),
$$

and using again Theorem 3 and Corollary 1, we get

$$
\begin{gathered}
\langle T f, A T f\rangle=\sum_{k \in \mathbb{Z}} \int_{\Delta_{k+1}} t\left|g_{k}(t)\right|^{2}\left|\left(f_{k} \circ G_{k}\right)(t)\right|^{2} \frac{M_{\mu_{k+1}}}{M_{\mu_{k}}} d \mu_{k+1}(t)= \\
=\sum_{k \in \mathbb{Z}} \int_{\Delta_{k}} G_{k}^{-1}(s)\left|\left(g_{k} \circ G_{k}^{-1}\right)(s)\right|^{2}\left|f_{k}(s)\right|^{2} d \mu(s) .
\end{gathered}
$$

Let us denote $\hat{g}_{k}(s):=g_{k} G_{k}^{-1}(s)$.
We will choose $g_{k}\left(\hat{g}_{k}(s)\right)$ in such way that $\langle f, A f\rangle=\langle T f, A T f\rangle$ (then $T: E \longrightarrow E$ is bijective), i.e.

$$
\hat{g}_{k}(s):=\sqrt{\frac{s}{G_{k}^{-1}(s)}}, \quad s \in \Delta_{k} .
$$

It remains to show that $T$ is non-expansive but not an isometry. Notice that $\hat{g}_{k}(s)^{2} \leq 1$ implies that $T$ is non-expansive. Then to show that $T$ is not an isometry it suffices to show that there are $k \in \mathbb{N}$ and $t \in \Delta_{k}$ such that $\hat{g}_{k}(s)^{2}<1$ in some neighbourhood of this $t$. Indeed, for $s \in \Delta_{k}$ by construction $G_{k}^{-1}(s) \in \Delta_{k+1}$, which means $\hat{g}_{k}(s)^{2}<1$ for $s \in \Delta_{k}$. Thus, $T$ is non-expansive but not an isometry.

Corollary 2. Let $A$ be a bounded self-adjoint operator. Let $\sigma_{\text {cont }} \neq\{\varnothing\}$. Then the ellipsoid generated by this operator is not LEC-plastic.

Proof. Indeed, due to the Theorem 6 we can split an operator into two pieces: the first piece corresponds to the continuous measure, the second piece corresponds to the rest. Then we can apply Theorem 5 to the first piece and get that there is a spectral representation of $\left.A\right|_{\sigma_{\text {cont }}}$. One may chose one of those parts where $A$ acts as multiplication on the independent variable and the construction described in the previous proposition allows us to obtain an operator $T$ which is a non-expansive bijection, but not an isometry.

Three following lemmas are, in fact, building blocks for the proof of Theorem 9 .
Lemma 1. Let $T: H \rightarrow H$ be a linear operator which maps $E$ bijectively onto itself. Then $T$ maps the whole $H$ bijectively onto itself and $T(S)=S$. If, moreover, $T$ is non-expansive on $E$, then $\|T\| \leq 1$.

Proof. $E$ is absorbing since it contains a ball (the spectrum is bounded from below by positive constant). The rest of the proof is as in the article [14]. For convenience of the reader we give it here.
$E$ is an absorbing set, so $H=\cup_{t>0} t E$. By linearity $T$ is injective on every set $t E$, consequently it is injective on the whole $H$. Also, $T(H)=\cup_{t>0} T(t E)=\cup_{t>0} t E=H$ which gives the surjectivity on $H$. Finally, $S=E \backslash \cup_{t \in(0,1)} t E$, so $T(S)=T(E) \backslash \cup_{t \in(0,1)} T(t E)=$ $E \backslash \cup_{t \in(0,1)} t E=S$. If, moreover, $T$ is non-expansive on $E$, then for every $x \in H$ there exists $t>0$ such that $t x \in E$ and we have $\|T(t x)\|=\|(T(0)-T(t x))\| \leq\|t x-0\|=\|t x\|$. It remains to divide by $t$ to obtain that $\|T x\| \leq\|x\|$ for all $x \in H$.

Before moving to the next result, let us introduce the following notation:

$$
H_{t}=\operatorname{Ker}(A-t)
$$

Lemma 2. Let $\sigma(A)=\sigma_{p p}(A) \subset(0,+\infty)$ and let the set of eigenvalues of an operator $A$ contain the minimal element $r$ and let $r$ have finite multiplicity. Let $T: H \rightarrow H$ be a linear operator which maps $E$ bijectively onto itself and whose restriction on $E$ is non-expansive. Then $T\left(H_{r}\right)=H_{r}, T\left(H_{r} \cap E\right)=H_{r} \cap E$ and the restriction of $T$ onto $H_{r}$ is a bijective isometry.

Proof. Theorem 7 implies that $r=\inf _{\|x\|=1}\langle x, A x\rangle=\inf _{x \in H, x \neq 0} \frac{\langle x, A x\rangle}{\|x\|^{2}}$.
Recall that for $x \in S$, we have $\langle x, A x\rangle=1$. Hence, $r=\inf _{x \in H, x \neq 0} \frac{\langle x, A x\rangle}{\|x\|^{2}}=\inf _{x \in S} \frac{\langle x, A x\rangle}{\|x\|^{2}}=$ $\inf _{x \in S} \frac{1}{\|x\|^{2}}$ (second equality: renormalization using $\langle x, A x\rangle$ instead of norm). That is, for $x \in S$ we have $\|x\| \leq \sqrt{\frac{1}{r}}$.

Let $x \in S$ with $\|x\|=\sqrt{\frac{1}{r}}$ (i.e. by Theorem 8 it is an eigenvector corresponding to $r$. Moreover, all eigenvectors can be written in this form after a suitable renormalisation). Since $T$ is non-expansive on $E$, we have $\left\|T^{-1}(x)\right\| \geq\|x\|=\sqrt{\frac{1}{r}}$ and using $T^{-1}(S)=S$, we get $\left\|T^{-1}(x)\right\|=\sqrt{\frac{1}{r}}$. Hence, by Theorem $8, T^{-1}(x)$ is an eigenvector corresponding to $r$. Hence, $T^{-1}\left(H_{r}\right) \subset H_{r}$.

Note that $H_{r}$ is finite dimensional, hence $\left.T^{-1}\right|_{H_{r}}: H_{r} \mapsto H_{r}$ is surjective iff $T^{-1}: H_{r} \mapsto H_{r}$ is injective. Injectivity of $\left.T^{-1}\right|_{H_{r}}$ follows from Lemma 1 (i.e. injectivity of $T^{-1}$ ). Hence, $\left.T^{-1}\right|_{H_{r}}: H_{r} \mapsto H_{r}$ is bijection and $T^{-1}\left(H_{r}\right)=H_{r}$ (i.e. $\left.T\left(H_{r}\right)=H_{r}\right)$. Hence, also $T\left(H_{r} \cap E\right)=$ $H_{r} \cap E\left(\right.$ combining $T\left(H_{r}\right)=H_{r}$ with $\left.T(E)=E\right)$.

We obtain the last claim using linearity and the fact that for all eigenvectors $x$ corresponding to $r$ with norm $\sqrt{\frac{1}{r}}$, we have that $\left\|T^{-1}(x)\right\|=\sqrt{\frac{1}{r}}$. (We can also observe that $S \cap H_{r}$ is a sphere in $H_{r}$ and map $T$ from $S \cap H_{r}$ onto $S \cap H_{r}$ is bijective.)

Lemma 3. Let $\sigma(A)=\sigma_{p p}(A) \subset(0,+\infty)$ and let the set of eigenvalues of an operator $A$ contain the maximal element $R$ and let $R$ have finite multiplicity. Let $T: H \rightarrow H$ be a linear operator which maps $E$ bijectively onto itself and whose restriction on $E$ is non-expansive. Then $T\left(H_{R}\right)=H_{R}, T\left(H_{R} \cap E\right)=H_{R} \cap E$ and the restriction of $T$ onto $H_{R}$ is a bijective isometry.

Proof. The proof is similar to the previous one (alternatively consider $T^{-1}$ instead of $T$ and apply the previous result).

The proof of the next theorem partially repeats the proof of Theorem 1 in [14]. To make this work self-contained we provide all details.

Theorem 9. Let $A$ be a bounded self-adjoint operator. Then an ellipsoid $E$ generated by A is LEC-plastic if and only if the following two conditions hold:

1. $\sigma_{\text {cont }}=\varnothing$;
2. every subset of $\sigma_{p}(A)$ that consists of more than one element either has a maximum of finite multiplicity or has a minimum of finite multiplicity.

Proof. We only need to prove the "if"part of the statement. Note that under our assumptions the spectrum $\sigma(A)=\overline{\sigma_{p}(A)}=\sigma_{p p}(A)$ (i.e. consists of eigenvalues and their limiting points). Moreover $A$ cannot contain more than one element of infinite multiplicity.

Note that in this case there exists a basis of eigenvectors of $A$ (see Problem 3.26 in [11]).
Claim 1. There is a $\tau>0$ such that $A^{+}=\sigma_{p}(A) \cap(\tau,+\infty)$ is well-ordered with respect to the ordering $\geq$ (that is every non empty subset of $A^{+}$has a maximal element), $A^{-}=$ $\sigma_{p}(A) \cap(0, \tau)$ is well-ordered with respect to the ordering $\leq$ (that is every non empty subset of $A^{-}$has a minimal element), and neither $A^{+}$nor $A^{-}$contain elements of infinite multiplicity.

Indeed, if there is an element $a_{\infty} \in \sigma_{p}(A)$ of infinite multiplicity, let us take $\tau=a_{\infty}$. Let us demonstrate that $\left(A^{+}, \geq\right)$is well-ordered. If $A^{+}=\varnothing$ the statement is clear. In the other case for every non empty subset $D$ of $A^{+}$consider $B=\{\tau\} \cup D$. Then the minimal element of $B$ is $\tau$, which has infinite multiplicity so $B$ must have a maximum of finite multiplicity. This maximum will be also the maximal element of $D$. The demonstration of well ordering for $\left(A^{-}, \leq\right)$works in the same way.

Now, consider the remaining case of $\sigma_{p}(A)$ consisting only of finite multiplicity elements. Consider the set $U$ of all those $t \in(0,+\infty)$ that $\sigma_{p}(A) \cap(t,+\infty)$ is not empty and wellordered with respect to the ordering $\geq$. If $U$ is not empty, take $\tau=\inf U$, if $U=\varnothing$, take $\tau=\sup \sigma_{p}(A)$. Let us demonstrate that this $\tau$ is what we need. In the first case $A^{+}=\sigma_{p}(A) \cap(\tau,+\infty)$ and for every $t>\tau$ we have $\sigma_{p}(A) \cap(t,+\infty)$ is not empty and well-ordered with respect to the ordering $\geq$. This implies that $\left(A^{+}, \geq\right)$is well-ordered. In the second case $A^{+}=\varnothing$, which is also well- ordered. So, it remains to demonstrate that $A^{-}=\sigma_{p}(A) \cap(0, \tau)$ is well-ordered with respect to the ordering $\leq$. Assume this is not true. Then, there is a non empty subset $B \subset A^{-}$with no minimal element. According to the conditions of our theorem $B$ has a maximal element $b$. Since $b<\tau$ and by definition of $\tau$ the set $\sigma_{p}(A) \cap(b,+\infty)$ is not well-ordered with respect to the ordering $\geq$. Consequently, there is a non empty $D \subset \sigma_{p}(A) \cap(b,+\infty)$ with no maximal element. Then, $B \cup D$ satisfies neither condition (1) nor condition (2) of our theorem. This contradiction completes the demonstration of Claim 1.

We introduce the following three subspaces:

- $H^{-}$is the closed linear span of the set of all those eigenvectors, for which the corresponding eigenvalue lies in $A^{-}$;
- $H^{\tau}$ is the closed linear span of the set of all those eigenvectors, for which the corresponding eigenvalue is $\tau$ if $\tau$ is eigenvalue or empty otherwise;
- $H^{+}$is the closed linear span of the set of all those eigenvectors, for which the corresponding eigenvalue lies in $A^{+}$.
Since eigenvectors of a self-adjoint operator corresponding to different eigenvalues are orthogonal, using continuity of scalar product, we get that these subspaces are mutually orthogonal and $H=H^{-} \oplus H^{\tau} \oplus H^{+}$(we have equality here since the set of all eigenvectors of $A$ spans $H)$. Let $T: H \mapsto H$ be a linear operator which maps $E$ bijectively onto itself and whose restriction on E is non-expansive.

Claim 2. $T\left(H^{-}\right)=H^{-}, T\left(H^{+}\right)=H^{+}$and the restrictions of $T$ onto $H^{-}$and $H^{+}$are bijective isometries.

We will demonstrate the part of our claim that speaks about $H^{+}$: the reasoning about $H^{-}$will differ only in the usage of Lemma 2 instead of Lemma 3.

Let us define a subspace $H(t)$ as the closed linear span of the set of all those eigenvectors, for which the corresponding eigenvalue lies in $A^{+} \cap[t,+\infty)$.

If $A^{+}=\varnothing$ there is nothing to do. In the case of $A^{+} \neq \varnothing$ we are going to demonstrate by transfinite induction in $t \in\left(A_{+}, \geq\right)$the validity for all $t \in A_{+}$of the following statement $\mathfrak{U}(t)$ : the subspace $H(t)$ is $T$-invariant and $T$ maps $H(t)$ onto $H(t)$ isometrically. Since the collection of subspaces $H(t), t \in A_{+}$is a chain whose union is dense in $H_{+}$, the continuity of $T$ will imply the desired Claim 2.

The base of induction is the statement $\mathfrak{U}(t)$ for $t=\max A$. This is just the statement of Lemma 3. We assume now as inductive hypothesis the validity of $\mathfrak{U}(t)$ for all $t>t_{0} \in A^{+}$, and our goal is to prove the statement $\mathfrak{U}\left(t_{0}\right)$. For every $x, y$ in $H$ let us introduce a modified scalar product $\langle\langle x, y\rangle\rangle$ as follows:

$$
\langle\langle x, y\rangle\rangle=\langle x, A y\rangle .
$$

Then the norm on $H$ induced by this modified scalar product is

$$
\|x\|=\sqrt{\langle\langle x, x\rangle\rangle}=\sqrt{\langle x, A x\rangle} .
$$

The ellipsoid $E$ is the unit ball in this new norm and since $T$ is linear and maps $E$ onto $E$ bijectively, $T$ is a bijective isometry of ( $H,\| \| \cdot\| \|$ ) onto itself. Due to [5, Theorem 2, p. 353] $T$ is a unitary operator in the modified scalar product and thus $T$ preserves the modified scalar product. In particular, it preserves the orthogonality in the modified scalar product. Denote

$$
X=\bigcup_{t>t_{0}} H(t)
$$

In other words, $X$ is the linear span of the set of all those eigenvectors, for which the corresponding eigenvalue lies in $A^{+} \cap\left(t_{0},+\infty\right)$.

The orthogonal complement to $X$ in the modified scalar product $X^{\perp}$ is the closed linear span of the set of all those eigenvectors, for which the corresponding eigenvalue lies in $A^{+} \cap\left(0, t_{0}\right]$.

Occasionally the orthogonal complement to $X$ in the original scalar product is the same. Our inductive hypothesis implies that $T(X)=X$, consequently $T\left(X^{\perp}\right)=X^{\perp}$ and $T\left(X^{\perp} \cap\right.$ $E)=X^{\perp} \cap E$.
$X^{\perp}$ equipped with the original scalar product is a Hilbert space, $X^{\perp} \cap E$ is an ellipsoid in $X^{\perp}, t_{0}$ is the maximal eigenvalue of $A$ and the multiplicity of $t_{0}$ is finite because $t_{0} \in A^{+}$. The application of Lemma 3 gives us that $T\left(H_{t_{0}}\right)=H_{t_{0}}$ and the restriction of $T$ onto $H_{t_{0}}$ is a bijective isometry in the original norm. Now, $T$ maps $X$ onto $X$ isometrically, maps $H_{t_{0}}$ onto $H_{t_{0}}$ isometrically and $H\left(t_{0}\right)$ is the orthogonal direct sum of subspaces $H_{t_{0}}$ and the closure of $X$. This implies that $T$ maps $H\left(t_{0}\right)$ onto $H\left(t_{0}\right)$ isometrically, and the inductive step is done. This completes the demonstration of Claim 2.

From Claim 2 and mutual orthogonality of $H^{-}$and $H^{+}$we deduce that $T\left(H^{-} \oplus H^{+}\right)=$ $H^{-} \oplus H^{+}$and $T$ is an isometry on $H^{-} \oplus H^{+}$. Recalling again that $T$ preserves the modified scalar product and the orthogonal complement to $X$ in the modified scalar product is $H_{\tau}$ we obtain that $T\left(H_{\tau}\right)=H_{\tau}$ and consequently $T\left(H_{\tau} \cap E\right)=H_{\tau} \cap E$. But $H_{\tau} \cap E$ is equal to the closed ball (in the original norm) of radius $\frac{1}{\sqrt{\tau}}$ centered at 0 , so the equality $T\left(H_{\tau} \cap\right.$ $E)=H_{\tau} \cap E$ and linearity of $T$ implies that $T$ is an isometry on $H_{\tau}$. Finally, as we know, $H=H^{-} \oplus H_{\tau} \oplus H^{+}$, so $T$ is an isometry on the whole $H$.

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